

ITDC Oudh Menu.job Sig1 SideA Process Blagk/1t2/27/2023322:48:00:00

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CYAN MAGANTA YELLOW



#### VEGAN

Does not contain dairy products, eggs, animal flesh/bones

#### **EGGLESS**

Contains no eggs



#### **VEGETARIAN**

Contains no eggs, animal flesh/ bones or animal fat



#### NON-VEGETARIAN

May contain eggs, dairy products and/ or animal flesh/ bones



Indicates that the dish can be served in the sealed dum style of the Oudh, cooked specially on order



Indicates specialities of Oudh

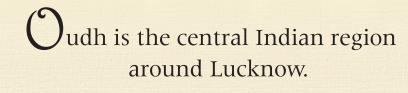
All rates are in Indian Rupees Taxes as applicable, will be charged.

We do not use oils that contain trans fats. We do not serve beef or pork.

Cover : The Rumi Darwaza, Lucknow - 1890s

C M Y K

Inside Cover : The Barã Imãmbãrã Gateway, Lucknow - c. 1862 Back Cover: Dilkushã Kothi, Lucknow - December 1864 - early 1865



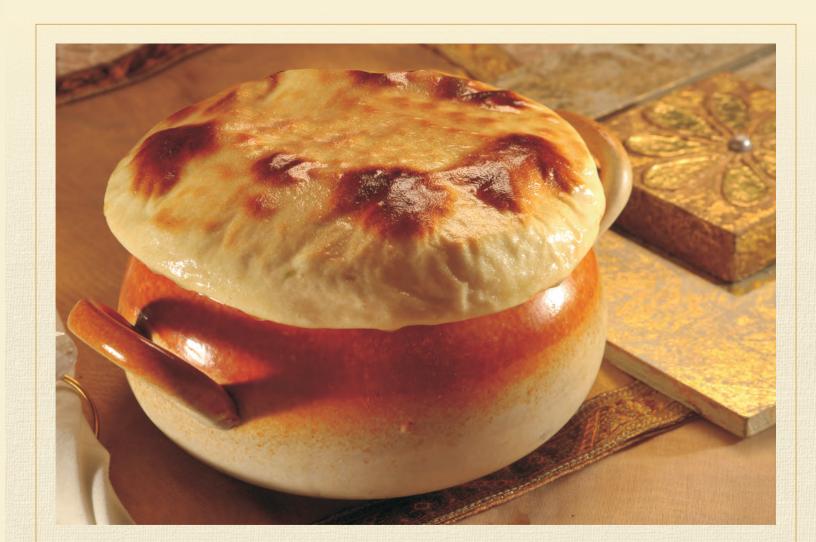
Uudh was celebrated for its high standards of gastronomic etiquette, which are still preserved by its famous bawarchis (chefs) who continue to follow the traditional style of cooking handed down to them by their ancestors.

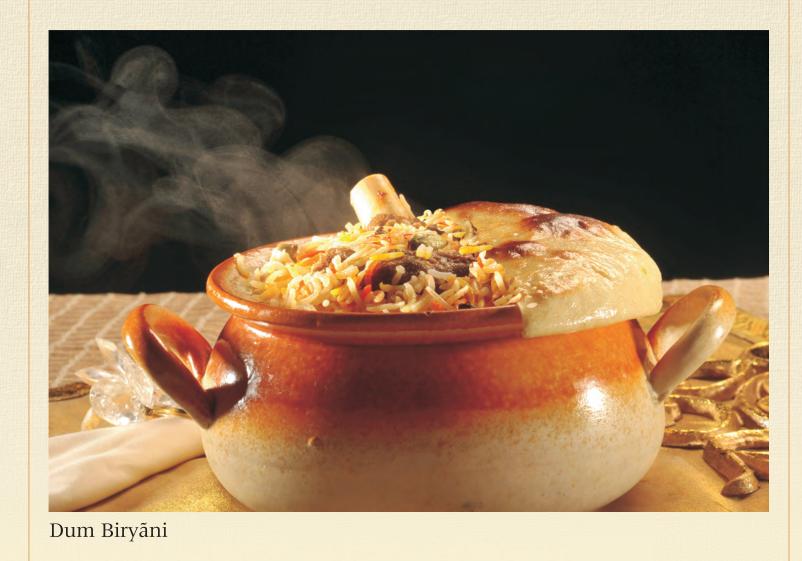
awab Wajid Ali Shah, the last Nawab of Oudh, was a great lover of art, culture & food. It was during his period that several bãwarchikhãnãs (kitchens) flourished, owing to the high degree of culinary skills of his cooks who vied with each other to cook exquisite delicacies, to their masters' desires.

he most exciting method used in Oudhi cooking is the Dum Pukht. Dum means to breathe and pukht to cook. Dum Pukht involves placing ingredients in a traditional clay pot called degh or handi, which is then sealed with a veil of flour dough, to trap the steam. The sealed pot is placed on a coal fire so that the ingredients simmer in their own juices until tender and delicious. (Pictures overleaf)

The Oudh brings to you the true essence of

this magnificent cuisine.







# Nosh-é-Shuruaat ——(Starters)——

#### Jal Zeerã

A refreshing drink flavoured with cumin, mint and lemon juice (50.75 k cal) Serving Size 250 ml

250.00

## Lassi Manpasand

Churned yoghurt shake, sweet or salted (195/161.08 k cal) Serving Size 250 ml

400.00

#### Ras Bahãr

Seasonal fresh fruit juice (149.88 k cal) Serving Size 200 ml

400.00

# Ibtedaa-é-Shorbã ——(Soups)——

### 🔺 Yakhni Shorbã 🛭 🛊

A delicate extract of mutton (462.23 k cal) Serving Size 200 ml

450.00

#### ■ Dal Shorbã \$

A lentil soup tempered with garlic (272.98 k cal) Serving Size 200 ml

350.00

#### 

The all time favourite tomato soup flavoured with cinnamon & coriander (894.88 k cal) Serving Size 200 ml

350.00

#### Badam Shorbã Badam Shorbã

Almond soup tempered in Lucknawi Style (313.74 k cal) Serving Size 200 ml

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450.00









# Khazãnã-é-Kabãb ——(Kebãbs)———

#### ▲ Jhîngã Mehrunnisã 🛎 🗐

Marinated fresh prawns, saffron flavoured, roasted in a tandoor (637.8 k cal) Serving Size 250 gm

2250.00

#### ▲ Mãhi-é-Gulfãm 🕸 🗐

Marinated chunks of fish, cooked over charcoal (915.19 k cal) Serving Size 350 gm

1850.00

# 🔺 Shãhi Zafrãni Murgh 🛭 🗐 🌀

Pieces of whole chicken marinated in select spices, cashew nut paste and flavoured with saffron roasted in clay oven (1986.08 k cal) Serving Size 650 gm

1850.00

#### Lehsooni Malãi Tikkã

Garlic flavoured chicken chunks, cooked in a tandoor (1001 k cal) Serving Size 300 gm

1650.00

## Murgh Lazeez Seekh ©

Minced chicken with a blend of spices, skewered and roasted in a tandoor (673.05 k cal) Serving Size 250 gm

1650.00

#### Nakhãs Ki Boti

Tender chunks of lamb marinated with spices and herbs, tossed with onions on a griddle (1271.09 k cal) Serving Size 300 gm

1850.00

Tandoor - earthen oven









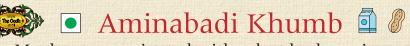
Saffron flavoured cottage cheese rolls stuffed with khoya and nuts finished in Chef's own style (853.32 k cal) Serving Size 200 gm

1050.00

Paneer Tikka

Marinated cubes of cottage cheese, cooked on charcoal
(1217.73 k cal) Serving Size 350 gm

1050.00



Mushroom marinated with select herbs, spices and cooked delicately on hot plate (709.28 k cal) Serving Size 250 gm

1050.00

■ Hariyãlí Kabãb 

A delicacy of spinach and green peas stuffed with cottage cheese and herbs, shallow fried (801.09 k cal) Serving Size 250 gm

950.00

Pudínã KabãbØ

An in-house vegetarian speciality - cottage cheese and mint kabãbs (1841.14 k cal) Serving Size 250 gm

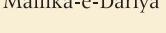
950.00

Sunehri Seekh \( \bigsig\) \( \bigsig\)

A combination of minced vegetables, skewered and roasted on charcoal (463.57 k cal) Serving Size 250 gm  $\,$ 

950.00







Murgh Rihãnã













an average active adult requires 2000 k cals of energy per day. However, the actual calories needed may vary per person

# Nazrana Handi Sé (Curries from the Oudh)

indicates that the dish can be served in the sealed dum style of the Oudh, cooked specially on order.

▲ Mallikã-é-Dariyã 🗐 🐸 🛭



Fresh river prawns cooked in a coconut flavoured curry (1225.06 k cal) Serving Size 400 gm

2250.00





Delicate chunks of fish cooked in a smooth curry, tempered with mustard (1497.06 k cal) Serving Size 450 gm

1850.00







A tribute to the Chefs of Awadh an exotic chicken delicacy (5605.4 k cal) Serving Size 900 gm

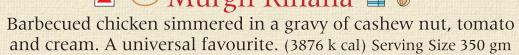
1850.00



Barbecued chicken simmered in a smokey rich tomato, khoya gravy (1889.68 k cal) Serving Size 350 gm

1650.00

# ▲ ○ Murgh Rihãnã 🍳 🛭



1650.00

# Murgh Siddam Pukht

Boneless chicken cooked in our Chef's signature style (2274.45 k cal) Serving Size 350 gm

1650.00



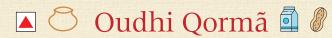


Mutton cooked in onion & cashew gravy - an all time favourite of Nawabs of Awadh (2309.6 k cal) Serving Size 400 gm

1850.00







Boneless mutton cooked in traditional Awadhi style (1895.39 k cal ) Serving Size 350 gm

1850.00

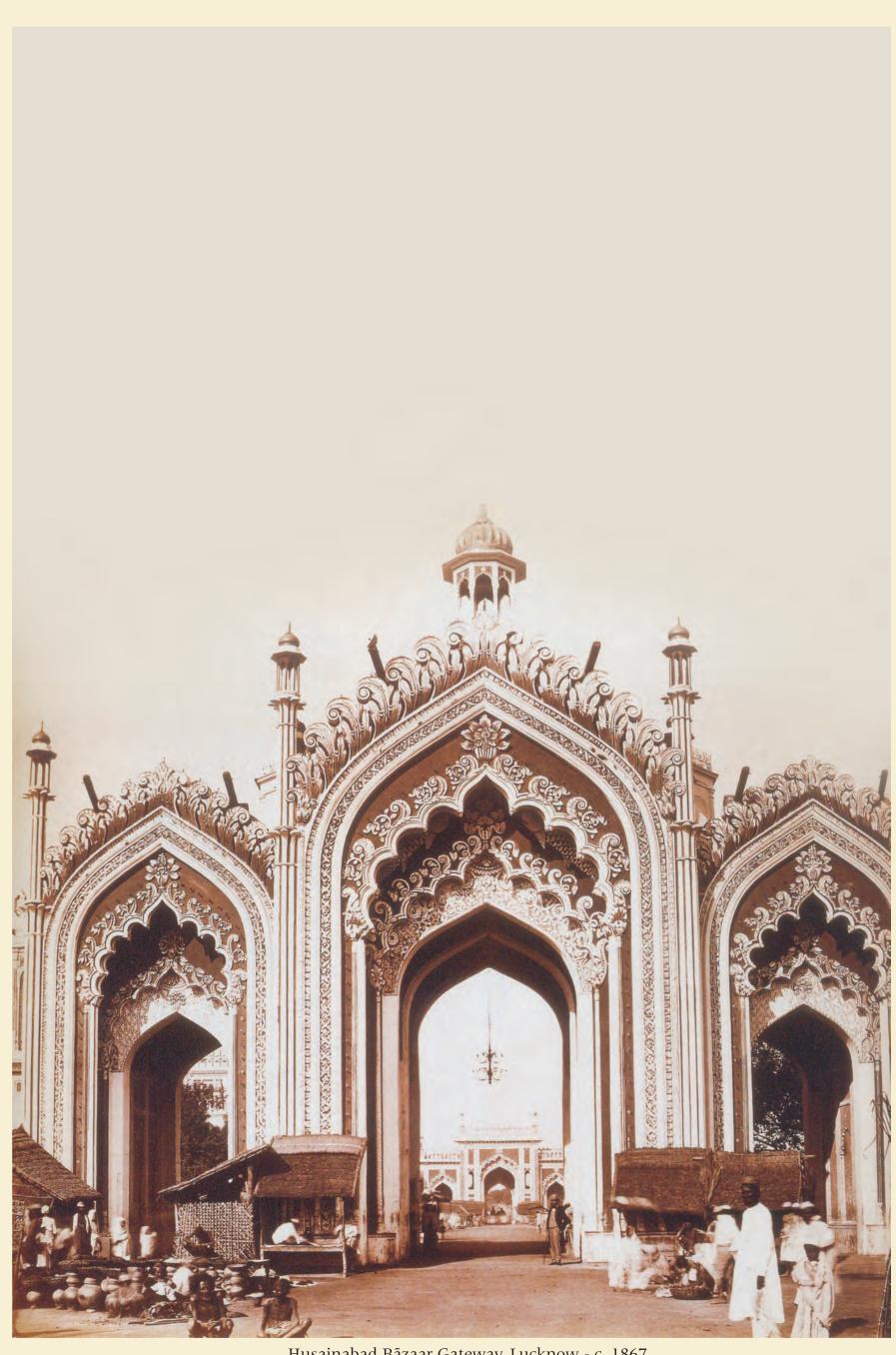




Tender pieces of mutton simmered to perfection in Chef's select spices (1396.41 k cal ) Serving Size 400 gm

1850.00





Husainabad Bãzaar Gateway, Lucknow - c. 1867



Roshan-ud-daulã Kothi (north side), Lucknow - 1870s



Paneer Karhãhi Sé













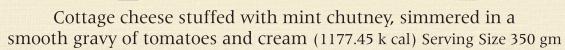


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# Nemat-é-Zameen (Vegetarian Fare)

#### 





1050.00

#### Paneer Karhãhi Sé



Tender Cottage Cheese fingers sautéed with slices of onion, tomato, capsicum and a blend of spices (1019.72 k cal) Serving Size 300 gm

1050.00

#### Paneer Rihãnã 🗐 🛭



Cubes of cottage cheese simmered in a gravy of cashew nut, tomato and cream (2292.38 k cal) Serving Size 350 gm

1050.00

# Gobhi Musãllãm



Steamed & stewed whole cauliflower topped with curry cooked in Chef's own style (2903.67 k cal) Serving Size 450 gm

1050.00

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Cottage cheese dumplings simmered in a saffron flavoured yoghurt gravy (1629.08 k cal) Serving Size 300 gm

1050.00

#### Zarkhéz Zameen



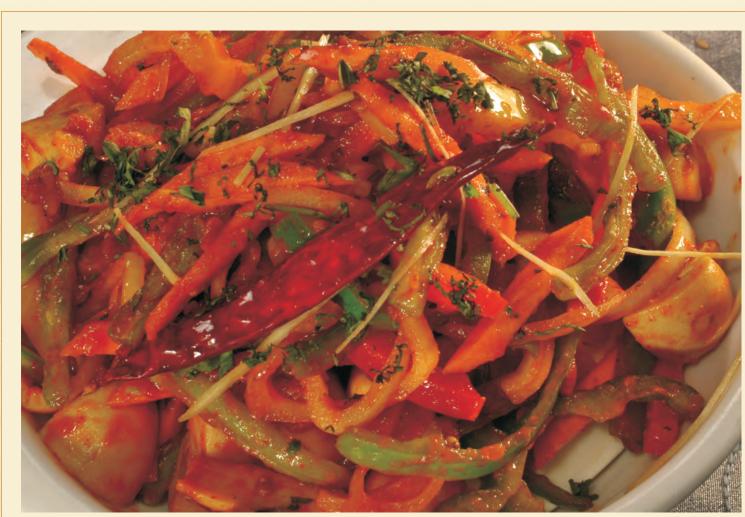
Choice of cottage cheese / mushrooms tossed with spinach, tempered with garlic (884.23 k cal) Serving Size 250 gm

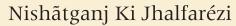
1050.00

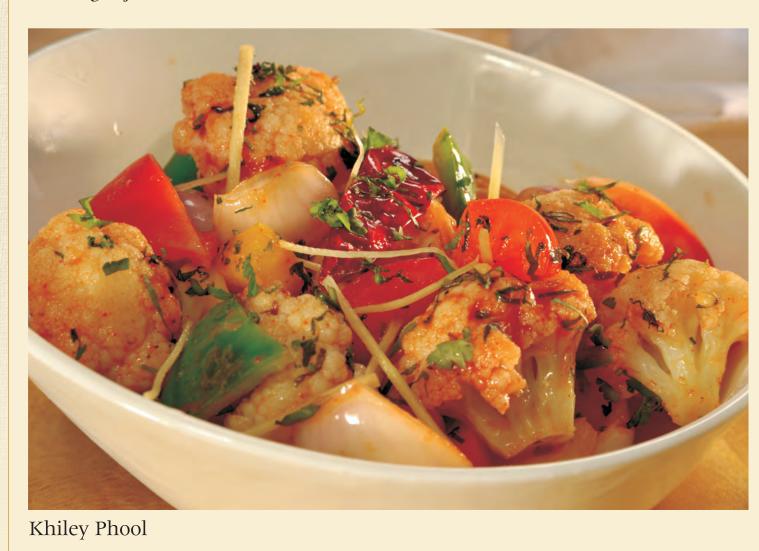
#### Bhindi Zãiqedãr

Okra cooked in traditional Awadhi spices (1644.22 k cal) Serving Size 200 gm

950.00









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A blend of juliennes of beans, carrots, onions & bell peppers (513.23 k cal) Serving Size 250 gm

950.00

#### Dum Ki Arbi



Colocasia cooked in a tangy spice mix in dum style (893.93 k cal) Serving Size 250 gm

950.00

## Khiley Phool

Flourettes of cauliflower, pimentoes and onions, stir fried in a tangy spice mix (663.44 k cal) Serving Size 250 gm

950.00

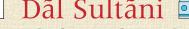
### Sabz-é-Gulistãn @



Choice of seasonal vegetables (779.5 k cal) Serving Size 250 gm

950.00

## Dãl Sultāni



Yellow lentils cooked in traditional Awadhi style (286.9 k cal) Serving Size 300 gm

750.00

## Dãl Oudhi



750.00

## Rãitã

Choice of Ramgarhi, Irani, Pineapple, Plain Curd (186.54 k cal) Serving Size 120 gm

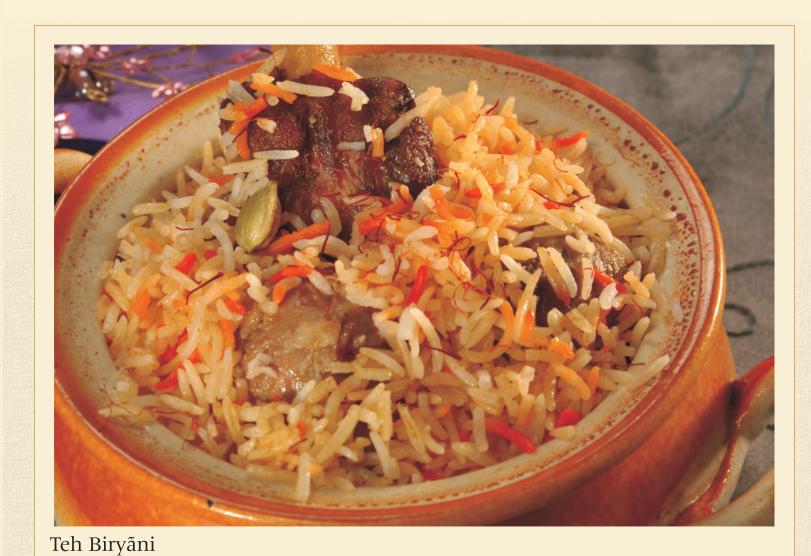
300.00

#### Bãgh-é-Bãhãr

Garden fresh salad (74.79 k cal) Serving Size 200 gm

300.00









# Biryani Aur Chawal (Biryãnis and Rice)

indicates that the dish can be served in the sealed dum style of the Oudh, cooked specially on order.



# Murgh Biryãni 🛭 🗖



Chicken and basmati rice cooked with aromatic herbs and spices in the dum style of the Oudh (1637.48 k cal) Serving Size 650 gm

1850.00







Lamb and basmati rice cooked with aromatic herbs and spices in the dum style of the Oudh (1502.77 k cal) Serving Size 600 gm

1850.00

# Gulnãr Biryãni



Rice and vegetables cooked with aromatic herbs and spices in the dum style of the Oudh (732.3 k cal) Serving Size 500 gm

950.00

# Kathal Biryāni

Rice and Jackfruit cooked with aromatic herbs and spices in the dum style of the Oudh (1110.84 k cal) Serving Size 550 gm

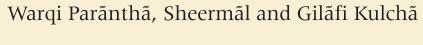
950.00

## Saãdey Chãwal

Plain steamed bãsmati rice (100 k cal) Serving Size 400 gm

550.00





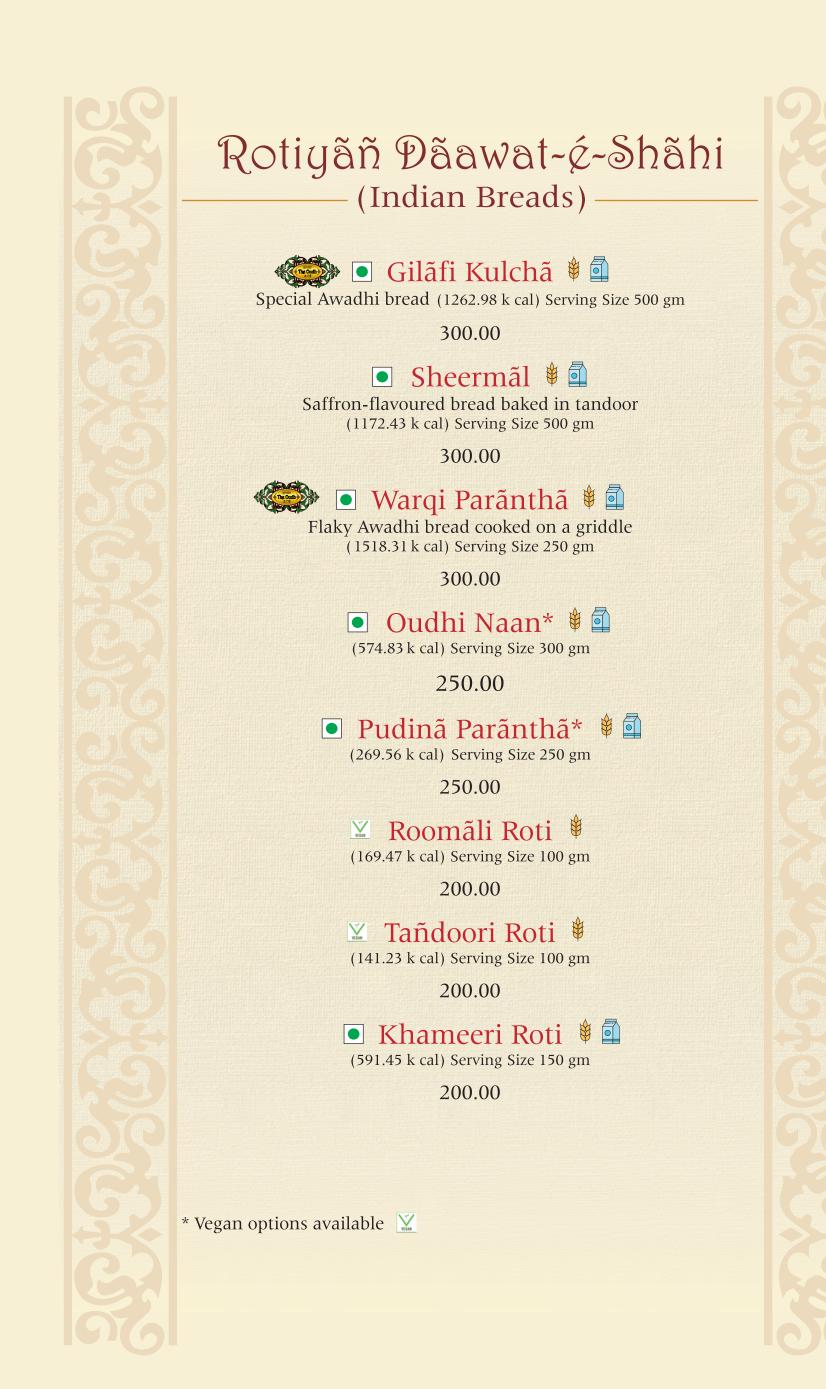


Oudhi Naan, Roomali Roti and Tañdoori Roti



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Khush Zaiqã





# Sheerini-Ka-Daur (Desserts) –

## 

Milk dumplings fried and soaked in

500.00

flavoured sugar syrup (726.68 k cal) Serving Size 150 gm

## Mãlpúã Rabrî \$\begin{aligned} \$\psi\$ \$\emptyset\$ \$

Sweet pancakes with reduced sweetened milk (937.04 k cal) Serving Size 150 gm

500.00

#### 

Awadhi style vermicelli with nuts (1333.84 k cal) Serving Size 100 gm

500.00

#### Gulab Kheer

A Rose flavoured rice pudding (510.07 k cal) Serving Size 150 gm 500.00

## 

Indian bread pudding with reduced sweetened milk (1497.84 k cal) Serving Size 250 gm 500.00

## Qulfi Făloodă#

A chilled dessert of reduced sweetened milk flavoured with rose-petals/betel leaf/pistachio served with falooda (141 k cal) Serving Size 60 gm

500.00

#### Barfeeli Mehek

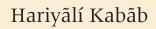
Choice of Ice Cream (276 k cal) Serving Size 120 gm

500.00

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\* Vegan options available 🔛







Paneer Hazrat Mahal





Paneer Tikka



Koh-é-Dãliganj













As per the Guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 k cals of energy per day.

However, the actual calories needed may vary per person

Star 1x1 2x2 3x3 4x4 5x5 6x6 1 2 3 4 100 1 99 2 98 3 97 5 95 10 90 50







